



At Adventures on The Hill, we take standards for hygiene and cleanliness very seriously and are taking additional steps to protect our campers, families and employees this summer considering the COVID-19 pandemic. Our health and safety measures are designed to address a broad spectrum of viruses, including COVID-19. As we know, the coronavirus (and the associated coronavirus media blitz) has created various levels of difficulty, disconnection, disempowerment, and perhaps despair in so many people. Our goal is to create a sense of safety, education, connection, empowerment, and hope. It is what we need.

We have always had specific communicable disease and hygiene policies and procedures at camp that aim to protect against the transmission of any disease. Of course, this is a novel virus, and so we will be revising and updating these procedures as needed based on the latest OSSE, CDC and ACA recommendations. In addition, as we track the spread of the virus and learn more from health experts, we will determine any programmatic changes that are needed, and will keep camp families updated.

OUR STRATEGIES TO REDUCE SPREAD OF COMMUNICABLE DISEASE

Staying Home when Appropriate

Parents:

If your child currently has or has had a fever in the past 14 days, they must remain home. Please check your child's temperature and look for any signs and symptoms of communicable illness before arriving to camp each morning. Symptoms include cough, fever, and shortness of breath.

We will:

Make sure that employees stay home if they have had fever, symptoms, or exposure to COVID19.

Actively encourage employees to stay home if they suspect illness, have symptoms, or have been exposed to COVID19.

Hand Hygiene and Respiratory Etiquette

Parents:

During drop off, please instruct your child to go directly to bathroom and wash their hands. They can put their belongings in their designated bin after hands have been washed.

We will:

Require that all children wash their hands with soap and water upon arrival and throughout the day, before meals, after activities and returning from outside, and any other time deemed necessary.

Provide all PPE supplies including hand sanitizer, gloves, and face masks for staff and campers as needed.

Encourage staff and campers to cover coughs and sneezes with a tissue. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.

If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.

Adhere to Signs and Messages

Parents:

Please read and adhere to all signs posted.

We will:

Post signs regarding Hand Washing, symptoms to look out for, and social distancing.

Modified Drop Off and Pick Up

Parents:

Parents will be required to certify that their child has not had a fever, symptoms, or anyone that they have been in contact with within the last 14 days.

We will:

Complete a health screening and log details each morning for all staff and children. Health screenings will be completed at least one - two more times each day for each child and staff member.

If a camper/family is unable to complete the questionnaire to the required standard, due to concerns over their own health or the risks as described, we will not allow them to remain at camp and instead will provide options for a credit for a future camp at a later date or a refund.

MAINTAINING HEALTHY OPERATIONS

Small Groups and Keeping Them Together

- We will keep campers together in small groups with dedicated staff and make sure they remain with the same group throughout the day, every day.
- There will be limited mixing between groups where possible.

Social Distancing and Modified Layouts

Physical Barriers and Guides will be placed where social distancing maybe be difficult or not be possible.

- We will space seating at least 6 feet apart.
- During nap times, we will ensure that campers' naptime mats are assigned to individual children, are sanitized before and after use, and spaced out as much as possible, ideally at least 6 feet apart. We will place campers head-to-toe to ensure distance between their faces.
- We will prioritize outdoor activities where social distancing can be maintained as much as possible.
- We will create social distance between campers on school buses (e.g., seat children one child per row, skip rows) when possible.

Supplies

We will provide ample supplies including soap, hand sanitizer with at least 60 percent alcohol (for staff and older campers who can safely use hand sanitizer), paper towels, tissues, disinfectant wipes, cloth face coverings (as feasible), and no-touch/foot pedal trash cans.

Cloth Face Coverings

Face coverings are required to be worn by all staff. Campers (particularly older campers) can wear masks as feasible, and are most essential in times when physical distancing is difficult.

Cleaning and Disinfection

- We will contract professional cleaning and sanitizing services each week to deep clean the facilities.
- We will clean and disinfect frequently touched surfaces (e.g., playground equipment, door handles, sink handles, drinking fountains) within the camp facility and in any shared transportation vehicles at least daily or between use as much as possible. Use of shared objects (e.g., art supplies, nap mats, toys, games) should be limited when possible, or cleaned between use.
- We have developed a schedule for increased, routine cleaning and disinfection.
- If transport vehicles (e.g., buses) are used by the camp, drivers will practice all safety actions and protocols as indicated for other staff (e.g., hand hygiene, cloth face coverings).
- We will ensure safe and correct use and storage of cleaners and disinfectants, including storing products securely away from children. We will only use products that meet EPA disinfection criteria.
- Cleaning products will not be used near children, and staff will ensure that there is adequate ventilation when using these products to prevent children or themselves from inhaling toxic fumes.

Shared Objects

- We will discourage sharing of items that are difficult to clean, sanitize, or disinfect.
- Keep each camper's belongings separated from others' and in individually labeled containers, cubbies, or areas.
- Ensure adequate supplies to minimize sharing of high-touch materials to the extent possible (e.g., assign art supplies or other equipment to a single camper), or limit use of supplies and equipment to one group of campers at a time and clean and disinfect between use.
- Avoid sharing electronic devices, toys, books, and other games or learning aids.

Water Fountains

We will ensure that drinking fountains are cleaned and sanitized, however we encourage staff and campers to bring their own water bottles to minimize use and touching of water fountains.

Gatherings, Visitors, and Field Trips

- We will limit any nonessential visitors, volunteers, and activities involving external groups or organizations as much as possible – especially with individuals not from the local geographic area (e.g., community, town, city, or county).
- Avoid activities and events such as field trips and special performances that are indoor and cannot provide social distancing space requirements.
- Pursue options to convene sporting events and participation in sports activities in ways that minimize transmission of COVID-19 or communicable disease to campers and staff.

Staffing Plan and Training

- We will train staff on all safety protocols mentioned in the plan and on all updated policies and procedures.
- We will conduct training virtually and onsite while ensuring that social distancing is maintained during operations. We will also conduct virtual

staff meetings weekly to ensure policies and procedures are maintained.

PREPARING FOR IF SOMEONE GETS SICK

Sick staff members or campers should not return to camp until they have met CDC's criteria to discontinue home isolation. If a camper or staff member begins to exhibit signs and symptoms,

- We will immediately separate staff and campers with COVID-19 symptoms (such as fever, cough, or shortness of breath) at camp. Individuals who are sick should go home and or to a healthcare facility depending on how severe their symptoms are, and follow CDC guidance for caring for yourself or others who are sick.
- We will work with building administrators to identify an isolation room or area to separate anyone who has COVID-19 symptoms. Staff will be sent home immediately and given resources to get tested and properly isolate and quarantine.
- If a child begins to exhibit symptoms, we will immediately notify parents and require that they pick their child up.

Clean and Disinfect

- We will close off areas used by a sick person and will not use these areas until after professionally cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
- We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, we will wait as long as possible. We will ensure safe and correct use and storage of cleaning and disinfection products, including storing them securely away from children.

Notify Health Officials and Close Contacts

- In accordance with state and local laws and regulations, camp administrators will notify local health officials, staff, and families

immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).

- We will advise those who have had close contact with a person diagnosed with COVID-19 to stay home, self-monitor for symptoms, and follow CDC guidance if symptoms develop.

Disclaimer

Although the above protocols will be implemented, the activities at Adventures on The Hill include a variety of traditional sports, games, activities, and events that may prove to be impossible to consistently implement any social distancing of 6 feet or more. Camp is a place where usually campers, counselors, and staff are often in contact and near each other every day.

Adventures on The Hill will be taking many more health precautions this summer in light of COVID-19. Precautions during camp include daily health screenings, encouraging and enforcing more handwashing, more use of hand sanitizers, more wiping down of doorknobs, materials, bathrooms, and high use areas with antibacterial wipes, etc. We plan to send campers and staff home that have a high temperature. But even taking these and other extra precautions, campers will still be exposed to the risk of contracting communicable illnesses.

The activities of Adventures on The Hill are an integral part of Adventures on The Hill experience. If eliminated, campers would be deprived of the opportunity for the growth and development which Adventures on The Hill and its campers and families expect. Ultimately it is up to each individual family to decide as to whether Adventures on The Hill is a viable option and/or a mitigated risk that they are willing to move forward with. This document serves as a brief **summary/overview** of the policies, procedures, and protocols that have been developed by the administrators at Adventures on the Hill to help mitigate communicable disease and COVID-19. These are based on recommendations from OSSE, CDC, and the ACA, as well as local state and federal government agencies.

The information presented is not intended to be an exhaustive list of the precautions that are implemented internally in partnership with the facilities management with regard to medical care, cleaning and sanitation, equipment, PPE, etc. However, these protocols provide in-depth guidance for care of campers and staff while at camp.

Please contact our main office with any questions or concerns that you may have.